

Affirmation

I am generous. I look for ways to give and share. There is always enough for everyone. I give freely, with joy and love in my heart.



“Be generous in prosperity,
and thankful in adversity.”
-Bahá'u'lláh

Generosity



“To give and to be generous
are attributes of Mine; well
is it with him that adorneth
himself with My virtues.”
-Bahá'u'lláh

What is Generosity?

Generosity is giving and sharing. It is giving without expecting something to be given back to you. It is one of the best ways to show love to someone.

Why Practice Generosity?

Generosity touches people's hearts and then they want to be generous too. This way everyone has more of what they need. With generosity we, we can give to people who need help.

Generosity teaches us to not be too attached to things. This is called detachment.



How to Practice Generosity?

- Look for people who need help and help them
- Share your time, things or money with a person or group that really needs it
- Give without thinking you will get something back
- Give with joy!
- Share even your special things with others